Appendix 1. Overview of all variables that were requested from eligible studies.

Variable group	Variables
Predicting variables	● Occupational physical activity
	● Leisure-time physical activity
Socioeconomic status	● Education level
	● Occupational class
	● Income
Primary outcomes	● All-cause mortality
Secondary outcomes	● Cardiovascular mortality
	● Cardiovascular diseases in general
	● Specific cardiovascular diseases (e.g., ischaemic heart disease, myocardial infarction or stroke)
Health status	● Adiposity (e.g., BMI, waist circumference or fat percentage)
	● Blood pressure (systolic and diastolic) and/or hypertension
	● Blood lipids, cholesterol and/or glucose
	● Cardiorespiratory fitness
	● Self-reported health
	● Other non-communicable diseases (e.g., diabetes, cancer, pulmonary diseases, mental health condition)
Other factors	
Demographic factors	● Gender
	● Age
	● Ethnicity
	● Marital status
Lifestyle factors	● Smoking
	● Alcohol use
	● Diet (e.g., consumption of fruit and vegetables, sweets, snacks and sugary drinks)
	● Sleep duration/quality
	● Coffee use
	● Other (e.g., transport and/or household) domains of physical activity
Psychosocial factors	● Stress
	● Social support
	● Psychosocial work demands (e.g., decision authority, effort-rewards imbalance, job strain)
Material factors	● Health care utilisation
	● Medication use
	● Neighbourhood conditions