

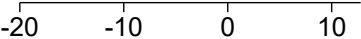
Study	Surgical + EBI			EBI			Mean Difference with 95% CI	Weight (%)
	N	Mean	SD	N	Mean	SD		

Multanen et al. 2020 [42] Grip Strength	23	2.00	3.54	22	3.00	4.07		-1.00 [-3.23, 1.23]	18.84
Multanen et al. 2020 [42] Ext Rot Strength	23	2.00	1.04	22	2.00	0.90		0.00 [-0.57, 0.57]	45.29
Multanen et al. 2020 [42] Int Rot Strength	23	2.00	1.77	22	4.00	1.97		-2.00 [-3.09, -0.91]	35.87
Overall								-0.91 [-2.13, 0.32]	

Heterogeneity: $\tau^2 = 0.77$, $I^2 = 70.86\%$, $H^2 = 3.43$

Test of $\theta_i = \theta_j$: $Q(2) = 10.36$, $p = 0.01$

Test of $\theta = 0$: $z = -1.45$, $p = 0.15$



Random-effects Sidik–Jonkman model
95% prediction interval: -14.61 to 12.79